



PE CURRICULUM OVERVIEW

2026-27



YEAR GROUP	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
EYFS	FUNDAMENTAL MOVEMENT SKILLS					
	Ball exploration	Dance	Sending & receiving	Gymnastics	Target games	Team challenges
YEAR 1	FUNDAMENTAL MOVEMENT SKILLS					
	Throwing & catching	Dance	Kicking & dribbling	Gymnastics	Striking	Athletics
YEAR 2	FUNDAMENTAL MOVEMENT SKILLS					
	Throwing & catching	Dance	Invasion basics	Gymnastics	Striking & fielding	Athletics
YEAR 3	Invasion skills	Gymnastics	Net & wall skills	OAA	Striking & fielding skills	Athletics
	Invasion application	Dance	Net & wall application	OAA	Striking & fielding application	Athletics
YEAR 4	SWIMMING					
	Invasion skills	Gymnastics	Net & wall skills	OAA	Striking & fielding skills	Athletics
	Invasion application	Dance	Net & wall application	OAA	Striking & fielding application	Athletics
YEAR 5	Invasion skills	Gymnastics	Net & wall skills	OAA	Striking & fielding skills	Athletics
	Invasion (tactics)	Dance	Net & wall application	OAA	Striking & fielding application	Athletics
YEAR 6	Invasion skills	Gymnastics	Net & wall skills	OAA (leadership)	Striking & fielding skills	Athletics
	Invasion (game management)	Dance	Net & wall application	OAA	Striking & fielding application	Athletics (competitive)



BE ACTIVE

Move more. Live well.



BUILD SKILLS

Practise. Improve. Achieve.



GROW CONFIDENCE

Believe. Try. Progress.



ENJOY TOGETHER

Teamwork. Fun. Belong.