



OUR PE CURRICULUM INTENT

Skills first. Confidence through movement.

Our PE curriculum develops physically literate pupils who move with confidence, apply skills with purpose and understand how to improve.

OUR PUPILS WILL...

- Move confidently and competently.
- Apply skills in game situations.
- Understand simple tactics.
- Show resilience, teamwork and leadership.
- Achieve secure National Curriculum expectations.

WE PRIORITISE...

- Fundamental Movement Skills in EYFS and KS1.
- Skill progression before sport specificity.
- Tactical understanding from Year 3.
- Inclusive practice through built-in adaptation.

THE SKILLSTART CURRICULUM JOURNEY

1 EYFS + KS1

EXPLORE + SECURE

Build fundamental movement skills, confidence and control.

2 LKS2

DEVELOP + APPLY

Use skills in different contexts and introduce tactical choices.

3 UKS2

ADAPT + LEAD

Make better decisions, analyse performance and take greater responsibility.

WHAT THIS LOOKS LIKE IN PRACTICE

1

MODEL

Show the skill clearly and identify the key teaching points.

2

PRACTISE

Give pupils repeated opportunities to build control and confidence.

3

APPLY

Use games, challenges and tasks that require pupils to make decisions.

4

REFLECT

Question, review and recognise improvement and next steps.

NATIONAL CURRICULUM ALIGNMENT



COMPETENCE

Broad range of physical skills



ACTIVITY

Sustained physical activity



COMPETE

Competition and cooperation



ACTIVE LIFE

Healthy, active habits

Expanded sections are aligned to the DfE PE programmes of study for KS1 and KS2.



BE ACTIVE

Move more. Live well.



BUILD SKILLS

Practise. Improve. Achieve.



GROW CONFIDENCE

Believe. Try. Progress.



ENJOY TOGETHER

Teamwork. Fun. Belong.