



PASSPORT TO SAFETY AT ST JAMES'



Rules



Communicate

Road Safety



Public Services



Danger Aware



Money

Name:

Year:



St James Lower Darwen
Building One faith, One Family, Our Future
Safety First



Living Independently / Money sense		Keeping safe from strangers		I can keep safe online	
I can wash my hands		I can clearly say or sign I need help.		I can use my password to log in.	
I can brush my teeth		I know what a stranger is		I remember to log out of my device	
I can keep my money safe and not give it away		I can identify safe and unsafe strangers		I know that spending too much time online isn't healthy	
I can recognise coins and notes that we use		I have learnt to not be too familiar with strangers		I know that how I speak to strangers is different from how I speak to my family	
I can talk about how to keep my money safe		I know the people who I can hug		I know what to do if I see something upsetting online	
I can go to a shop and pay for my shopping with my money		I know my address		I know that not everything I read online is true	
I can explain about the consequences of money being lost or stolen		I know my carers mobile phone number		I know that my information needs to stay private e.g. my school, my address. My bank details	

				I understand what symbols e.g. padlock mean on the computer	
I can keep safe around the home		I can keep safe outdoors		I can have safe and happy friendships	
I know about germs and I can wipe a surface down		I can walk on the pavement and I know I need to hold hands with an adult if I am near a busy road,			
I know what is hot and I can sign or say 'hot' when I see something		I can use a pedestrian crossing with an adult I remember the Green cross code		I can say or sign 'no' in an assertive manner	
I can use simple kitchen equipment safely		I can get on and off a bus safely		I can recognise when a relationship is making me feel unhappy or unsafe	
I can spot hazards around the home		I can ride a scooter around an obstacle and stop it safely		I know that I need to leave some personal space between me and people around me	
I can change the batteries in a household item or toy		I understand danger around train tracks		I can come up with a game and teach it to my friends	
I can prepare a snack or a sandwich safely		I know how to make an emergency phone number			
I can make a healthy food choice.		I can understand the rules of Fire safety		I know the names of different grown-ups in school have a positive relationships with different grown-ups in school who I can communicate with if something is wrong	
I can show good manners when I am eating		I understand how I need to stay safe near water			
I can make an emergency phone call		To understand how to care for a pet		I know how to communicate with someone that I want to play	

I know about medicine safety		I know about the dangers of vaping		I can take turns with an adult, with a friend, with a group	
		I can buy someone a drink in a café		I can be calm and respectful when I disagree with someone using words instead of actions	
		I can stay safe in the sun		I can understand the changes my body is going through	
		I understand bonfire safety		I can see when someone else is cross or upset or worried and I can think of ways to help them	
		I understand what the law is			
I can keep safe by understanding my emotions		I can keep safe by understanding my own body			
I can recognise what activities help me to relax		I can listen to my body and communicate with signs, symbols or words to say if I am hungry or thirsty.			
I can notice and name feelings in; myself happy sad angry worried frustrated proud		I can use the toilet and wash my hands			
I can notice and name feelings in others		I know signs, symbols or words for parts of the body including privates so I can communicate a problem with an adult.			
I can talk about how different situations make me feel		I understand the PANTS rule I know that my privates are private			

I can identify body signs when my feelings are 'too big'		I can recognise if I am too hot or too cold and I know what to do to feel regulated.			
I know some ways to help me calm down and regulate my emotions		I know I need to brush my teeth twice a day and I can brush my teeth independently			
I can recognise unhelpful and helpful thoughts		I can recognise when my hands need washing and I can do this independently			
I can work with an adult to create a plan for when I am feeling overwhelmed		I understand what happens to my body during puberty (Year 4 upwards)			
I can verbalise my own triggers		I have some understanding of what happens to the body of opposite sex during puberty			
I can name activities that make me happy and sad.		Sex Education (UKS2 only) **With parental permission only ^^			

<p>ELG: Self-Regulation Children at the expected level of development will: - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</p>	<p>ELG: Managing Self Children at the expected level of development will: - Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; - Explain the reasons for rules, know right from wrong and try to behave accordingly; - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</p>	<p>ELG: Building Relationships Children at the expected level of development will: - Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs.</p>
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