



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Reception	Introduction to PE : Unit 1	Introduction to PE : Unit 2	Fundamentals : Unit 1	Fundamentals : Unit 2	Ball Skills : Unit 1	Ball Skills : Unit 2
Year 1	Fundamentals Dance	Ball Skills Gymnastics	Fitness Yoga	Sending and Receiving Target Games	Striking and Fielding Games Invasion Games	Athletics Team Building
Year 2	Fundamentals Gymnastics	Dance Fitness	Ball Skills Striking and Fielding Games	Team Building Sending and Receiving	Athletics Target Games	Invasion Games Net and Wall Games
Year 3	Fundamentals Y3/4 Yoga	Dodgeball Parkour	Hockey Dance	Golf Basketball	OAA Ball Skills Y3/4	Athletics Rounds
Year 4	Fundamentals Y3/4 Gymnastics Swimming	Ball Skills Y3/4 Dance Swimming	Dodgeball Netball Swimming	Fitness OAA Swimming	Athletics Cricket Swimming	Rounds Golf Swimming
Year 5	Football Dance	Fitness Dodgeball	Yoga Rugby	Netball Cricket	Tennis OAA	Rounds Athletics
Year 6	Football Fitness	Hockey Dodgeball	Dance OAA	Tennis Cricket	Netball Yoga	Rounds Athletics